

Salads

Tuna Niçoise

Imported tuna in olive oil, Field greens, haricot vert, hard-boiled egg, olives, potatoes, caper berries, sherry vinaigrette 10.99

Steak Chopped Salad

Asian marinated MEYER'S all natural Flank steak, carrots, celery, red onions, cucumbers, romaine lettuce, napa cabbage, green olives, blue cheese crumbs, port vinaigrette. 13.49

The Greco

Romaine lettuce, roasted red bell pepper, Feta cheese, Kalamata olives, cucumbers, pickled onions, lemon-oregano vinaigrette 7.99

Buckwheat Asian Noodle

Grilled Chicken, Asian-style vegetables with shiitake mushrooms, napa cabbage, bean sprouts, soba noodles, spicy peanut sauce, sesame-soy vinaigrette. 9.99

The French Connection

Field greens, pear, spicy roasted pecans, cheese selection of the day, port wine vinaigrette 9.29

West Coast Idea

Arugula, watercress, roasted beets, goat's milk cheese, oranges, balsamic vinaigrette 9.49

Classic Garden Salad

Field greens, tomato, red onion, Kalamata olives, carrots, balsamic vinaigrette 7.49

Caesar Salad

Romaine lettuce, Parmigiano-Reggiano cheese, croutons, Caesar dressing. 7.49
Add grilled chicken: 10.49 Add grilled salmon: 14.49

Make Your Own Salad

Romaine, baby greens or arugula with:
1-3 toppings 8.49 * 4-6 topping 9.49 * 7-9 topping 10.49

Dressings:

Balsamic-Olive Oil * Sherry * Sesame-Soy * Port *
Lemon Oregano * Caesar

Add to Any Salad

Grilled chicken. 2.99
Grilled salmon. 6.99
Tuna in olive oil. 2.49
Flank Steak 5.99

Hot Drinks

Coffee- 1.99
Latte 3.49
Chai Latte 3.49
Cappuccino 3.49
Espresso 2.49
Mocha 4.49

Hot Tea- 1.99
Golden Chai | Chamomile |
Organic English Breakfast |
Earl Grey | Organic Green Tea
with Mint
Hot Chocolate 4.49
Add Vanilla/Caramel 0.70
Add Whipped Cream 0.70

Brunch



Signature egg dishes

Steak and Eggs

Marinated sliced hanger steak with two fried cage free eggs cooked in our house-made steak sauce. Served with Alon's bakers potatoes. 12.99

Brisket Hash

with potato, mushroom, carrot, celery, spicy tomato holiandaise, 2 cage free eggs over easy 12.49

Shakshuka

Alon's hometown classic. Two cage free eggs poached in a zesty tomato-red bell pepper sauce with Moroccan lamb sausage. Served with grilled ciabatta. 10.99

Green Shakshuka

with peas, kale, poblano peppers, zucchini, 2 poached cage free eggs 8.99

Israeli Breakfast

Two cage free eggs cooked any way you like. Served with Israeli salad, fromage blanc, butter, Alon's signature preserves and toast.
(country French, whole wheat or rye). 9.49

All-American Breakfast

Two cage free eggs cooked any way you like. Served with a side of bakers potatoes or cheddar Logan Turnpike Mill grits along with toast (country French, whole wheat or rye). 8.99

Torte Espana

Cage free eggs, onion, peppers, potatoes, smoked paprika, Manchego and salsa verde 9.99

Bay of Fundy Smoked Salmon Benedict

Pate a choux ring with spinach, peas, asparagus, 2 poached cage free egg, and tarragon hollandaise 12.99

Omelets

Served with Cheddar cheese Logan Turnpike Mill grits or baker's potatoes and toast. Eggs are cage free.

Smoked Turkey

Avocado and cheddar cheese 8.99

Mediterranean

Olive, roasted pepper, zucchini, ricotta and a light vegetable-tomato sauce 9.49

Gruyere

Simple classic with gruyere cheese and sautéed tomato 8.49

Spinach and Egg white:

Spinach with carrot salad and arugula walnut pesto 9.49

Sweet

Corn and Blueberry Pancakes

with pickled corn served with mascarpone honey cream 8.99

French Toast

Custard soaked Alon's brioche . Served with house-made strawberry syrup 8.99

Steel Cut Irish Oatmeal

Creamy oatmeal served with Turbinado sugar and your choice of one topping. 5.99

*Alon's house-made preserves, fresh berries, maple syrup - .75 each
Granola, dried cherries or raisins - .50*

Sides

- **Cheddar Logan Turnpike Mill Grits** 2.49
- **Alon's Baker's Potatoes** 2.49
- **Toast** (wheat, country French, rye) .199
- **Three Turkey Bacon** 2.99
- **Two Turkey Sausage** 2.99
- **One Moroccan Lamb Sausage** 2.49
- **Fruit Salad** 3.99
- **Mixed Fresh Berries** 3.99

Bagels

Sesame, Poppyseed, Multigrain, Cinnamon Raisin, Everything Plain 1.20

- Bagel with...
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- Plain Cream Cheese 2.49
- Chive Cream Cheese 2.99
- Smoked Salmon, Cream Cheese, Tomato, Onion and Capers 8.99

Avocado Toast

multi-grain toast with alfalfa sprouts, red onion, radish, and a sprinkle of sea salt and cracked black pepper 4.99

-Add 2 poached cage free eggs - 4.49

Egg grilled panini

Eggs and Gruyere

On grilled Ciabatta with tomato 7.49

Egg White

On grilled Ciabatta herb egg white omelet EVOO and fresh tomato 8.49

-Add turkey sausage - 1.99

-Add turkey bacon - 1.99

Ask About our catering services

www.alons.com.

Sandwiches

Asian Barbecued Salmon

Cucumbers, sprouts, black sesame seeds, rosemary focaccia 11.99

MEYER'S all natural Roast Beef

Romaine lettuce, tomato, Rosemary balsamic mayonnaise, country French bread 9.99

Smoked Peppered Turkey

Sprouts, avocado, red onion, tomato, grainy mustard & mayonnaise, whole wheat bread 10.49

Warm Pastrami

Red onion, mustard, rye bread 9.49

NY style with 1/2 pound meat 13.99

The Tuscany

Roasted eggplant, sundried tomatoes, goat cheese with chives, arugula, whole wheat bread 8.99

Garlic Roasted Lamb

Tomato, rosemary, red onion marmalade, country French bread 13.49

Veggie

Roasted eggplant, roasted red bell pepper, marinated tomatoes, mozzarella, pesto mayonnaise, whole wheat bread 8.99

Spicy Tunisian Tuna

Capers, preserved lemon, potato, hard-boiled egg, onion, tomato, spicy harissa sauce, Demi baguette 7.99

Portobello

Sautéed spinach, Swiss cheese, Thai basil pesto, rosemary focaccia 11.49

Smoked Turkey

Lettuce, tomato, Swiss cheese, grainy mustard & mayonnaise, rye bread 9.99

Roasted Chicken with Pesto

Romaine lettuce, tomato, Swiss cheese, pesto mayonnaise, country French bread 8.99

Grilled Panini

Gruyere Cheese

Vine Ripe Tomato, Arugula, Olive tapenade 7.99

Smoked Mozzarella

Sundried Tomato, Arugula 7.49

Bresaola

Parmaigiano Reggiano Shavings, Fennel Shavings, Pink Peppercorn Dressing 8.99

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